



# NAT Summer Program

## Canadian Students

### Daily Itinerary

9:00am- 11:30am: Tennis

11:30am- 12:30pm: Alternate Activity

12:30pm- 1:00pm: Lunch

1:00pm- 3:00pm: Tennis

3:00pm- 4:00pm: Fitness

Daily Activities  
Friendship  
Fitness  
FUN!!

HIGH-PERFORMANCE TENNIS!

